



# Southington, CT



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## Healthy Family FunFest welcomes exhibitors to Feb. 23 event

11th fest features healthy living information for people of all ages. 10a-2p, Aqua Turf Club, Plantsville. [www.healthyfamilyfunfest.org](http://www.healthyfamilyfunfest.org)

By [Hartford HealthCare Senior Services](#) | Nov 27, 2019 12:21 pm ET

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*This post was contributed by a community member.*

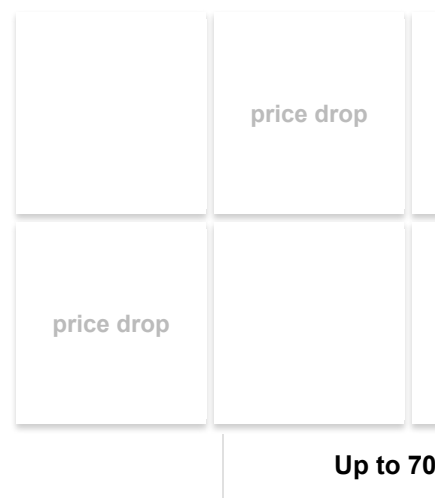


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PLANTSVILLE – People of all ages can connect to healthy living at the 11th annual Healthy Family FunFest on Sunday, Feb. 23. The free festival will be held 10 a.m. to 2



p.m. at the Aqua Turf Club, 556 Mulberry St. Exhibitors and sponsors are being accepted now for Southington's premier health and wellness event.



In previous years, sponsors and exhibitors have found Healthy Family FunFest a great opportunity to inform the public about their healthy living services. This family friendly day showcases better eating, physical and mental well-being, fitness, medical services and breakthroughs, screenings including blood pressure, balance and vision, and even a giant walk-through colon. Now a community tradition, the event attracts more than 4,000 people from throughout central Connecticut interested in learning from health professionals about wellness for every age. Visitors are encouraged to bring non-perishable food items for Southington Bread for Life.

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Healthy Family FunFest's premiere sponsor is Bradley H. Barnes & Leila U. Barnes Memorial Trust at Main Street Community Foundation. Primary sponsors and organizers are Hartford HealthCare and the Southington-Cheshire YMCAs.

For more information on sponsoring or exhibiting, call Bonnie Tormay, Healthy Family FunFest coordinator, at 860.378.1268 or email [Bonnie.Tormay@hhchealth.org](mailto:Bonnie.Tormay@hhchealth.org). To learn more about the event or to download a sponsorship form, visit [www.healthyfamilyfunfest.org](http://www.healthyfamilyfunfest.org).

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