

From the community Healthy Family FunFest welcomes exhibitors to Feb. 26 event



Posted by michelr, Community Contributor

By **Community Contributor michelr**

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People of all ages can "connect to healthier" at the eighth Healthy Family FunFest - Southington's premier health and wellness event - on Sunday, Feb. 26. The FunFest will be held 10:30 a.m. to 3:30 p.m. at the Aqua Turf Club, 556 Mulberry St., Plantsville.

This family friendly day celebrates living a healthy lifestyle - from eating better, to learning about green energy, to physical/mental well-being and beyond. Features include health information, medical professionals, speakers, screenings, demonstrations, fitness challenges, giveaways and kids' activities. Specific areas focus on healthy eating, healthy minds, children, aging well, sports medicine and more. Now a community tradition, the event attracts more than 3,500 people from throughout central Connecticut interested in learning more about health and wellness.

Exhibitors and sponsors are being accepted now. For more information on sponsoring or exhibiting, call Antoinette Ouellette at 860.378.1268 or email Antoinette.Ouellette@hhchealth.org.

Healthy Family FunFest's premiere sponsor is Bradley H. Barnes & Leila U. Barnes Memorial Trust at Main

Street Community Foundation. Primary sponsors and organizers are Hartford HealthCare and the Southington-Cheshire YMCAs. Visit www.healthfamilyfunfest.org to learn more.

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