

From the community Geriatric specialists provide free in-home assessments to Southington residents

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Older residents in Southington at large are benefiting from in-home health-related services made possible through the Bradley Henry Barnes and Leila Upson Barnes Memorial Trust of the Main Street Community Foundation. Earlier this year, the Trust provided funding to the Hartford HealthCare Center at Home for free home consultations with a geriatrician, geriatric pharmacist or occupational therapist. Milldale, Marion, Plantsville or Southington residents older than age 55 can benefit by meeting one on one with medical professionals who specialize in the complex medical needs often facing seniors. During the in-home visit:

- Geriatricians can answer questions concerning age-related changes and assess memory loss. They can also share the evaluation with the individual's primary care physician to develop the optimal plan of care.
- Geriatric pharmacists can provide information about prescribed medications, possible interactions and make suggestions as to how to remember to take medications at the correct time.
- Occupational therapists can administer cognitive evaluations to assess daily function and analyze how a cognitive deficit can impact everyday life. This assessment can determine if an individual can safely live at home and make recommendations about environmental changes and specialty devices available to ensure optimum safety.

For more information or to schedule an appointment, call Hartford HealthCare Center for Healthy Aging, 1.877.4AGING1/ 1.877.424.4641.

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