


Regional foundation awards over \$400,000 in grants to Southington health organizations

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SOUTHINGTON — A regional foundation has awarded over \$431,000 to town health organizations and initiatives.



"These grants greatly improve access to health care in Southington," said Main Street Community Foundation President and CEO Susan Sadecki.



The grants were awarded to six local health groups from the Barnes Memorial Trust, which is administered by the Main Street Community Foundation with the goal of advancing the health and well-being of Southington residents.

Wheeler Clinic received \$80,000 for its Southington Health Outreach Project, which seeks to increase access to mental health and substance abuse programs by providing education and information about services.

Hartford HealthCare at Home received \$80,000, which will be used to hire more geriatric care professionals and acquire new equipment and software. Mulberry Gardens will also be using its \$67,079 grant to help the seniors it cares for by improving its gym and buying equipment.

The Alzheimer's Resource Center of Connecticut received the largest grant at \$115,500 for its Dementia Friendly Southington Initiative, which seeks to educate the community on the stigma and difficulties those with the disease face. It also received \$35,000 to support its Hope Full Lives project, which holds support groups, coaching and activities for people with Alzheimer's.

The Hospital of Central Connecticut will be using its \$54,000 grant to re-purpose office space at 98 Main St. into an "outpatient behavioral health clinic."

Three of the six recipients are receiving grants under the trust for the first time, Alzheimer's Resource Center of Connecticut, Wheeler Clinic and Mulberry Gardens.

The foundation's website says that the organizations receiving the grants "provide programs that enhance community wellness, support local seniors and improve access to behavioral health services."